

## Westhampton Primary Care



Dear Patient,

Welcome to **Westhampton Primary Care!**

We look forward to serving your health care needs. Enclosed you will find our brochure. As your primary care physicians, we are happy to comply with your insurance and provide you with correct and timely referrals and authorizations; for these, please try to give us at least 72 hours prior notice. Please note as well that depending on your insurance, this process may take longer. You may notice that our staff will often ask you to confirm important information during your visits, including address, telephone number, insurance and ID numbers. This is in an effort to minimize any inconvenience to you throughout the billing reimbursement process.

Our office is open on Mondays from 8:00am-6:00pm, Tuesdays and Wednesdays from 8:00am-8:00pm, Thursdays from 8:00am-6:00pm and Fridays from 8:00am-5:00pm, as well as Saturdays from 8:00am-4:00 pm for walk-in acute sick visits.

If you need immediate assistance when our office is closed, we urge you to contact our answering service at (631) 702-8241. The service will then contact the physician on call to assist you.

Our care team is comprised of attending physicians, resident physicians, nurse practitioners, nursing, office staff, medical assistants, and care coordinators. We are proud to be a training facility for resident physicians from Stony Brook Medicine at Southampton Hospital as they pursue board certification in Family Medicine and/or Neuromusculoskeletal Medicine.

### **What is a resident physician?**

A resident physician is a medical school graduate who is working on his or her specialty training. They have completed a four year bachelor's degree followed by either a Medical Doctor (MD) or Doctor of Osteopathic Medicine (DO) degree. Some residents also hold Master's degrees in addition to their other degrees. Resident physicians here at Westhampton Primary Care are pursuing a board certification in either Family Medicine (FM) and/or Neuromusculoskeletal Medicine (NMM).

Resident physicians are supervised by our attending physicians who are board certified in their respective specialties. In this endeavor to train these physicians, we offer services in: Family Medicine and Primary Care, Neuromusculoskeletal Medicine/Osteopathic Medicine, Integrative Medicine, and Medical Acupuncture.

### **What is a DO?**

Osteopathic Physicians (DOs) are physicians who are fully licensed to prescribe medicine and practice in all specialties, including surgery. Like MDs, they have to complete four years of medical school prior to undergoing specialty training. In addition, DOs are trained to consider the health of the whole person and use their hands to help diagnose and treat their patients, a process that starts in osteopathic medical school and continues in their residency training.

**What is OMT/OMM?**

Osteopathic Manipulative Medicine is a form of drug- free, non-invasive medicine that focuses on total body health by treating and strengthening the body's musculoskeletal framework, which includes the connective tissues, joints, muscles, and spine.

**Things to Keep in Mind:**

- Our facility offers scheduled and same-day/walk-in appointments, laboratory services, X-Ray, Physical Therapy, and Specialty Care.
- Please be sure to remember when receiving medical treatment outside of our office to indicate us as your primary care physician to insure proper coordination of care.
- Our goal is to provide you with the very best medical service. If you have any questions or concerns, please don't hesitate to contact our office.

Thank you for choosing Westhampton Primary Care!