



# TICK ID CHART

631-726-TICK

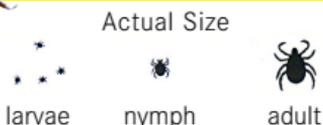
**TICK-BORNE DISEASE**  
RESOURCE CENTER  
SOUTHAMPTON HOSPITAL

**IDENTIFY**

If you, your family or your pets are outdoors, check for ticks daily, especially on your children and **be aware** of these ticks:

## Deer or Black-Legged Tick

*Ixodes scapularis*



With no white markings, they are brown to black in color and are very, very small.

## Lone Star Tick

*Amblyomma americanum*



Tannish red. Females have a light-colored spot at center of back and are aggressive. Males have light-colored marks at edges of back.

## American Dog Tick

*Dermacentor variabilis*



Larger in size, brown to reddish brown with gray-silver markings on its back, behind the mouth.

## HOW TO REMOVE AN ATTACHED TICK

If you find a tick embedded on your body: with a slow and steady motion, **gently** pull it straight up and out with fine-tipped tweezers by placing them as close to the skin as possible. Try to grab the tick's head or just above it. If the tick breaks, don't be alarmed as disease transmission is less likely without the tick's whole body. Disinfect the bite area with rubbing alcohol or soap and water. If you experience a rash, aches, fever or flu-like symptoms, see a physician right away. You might want to save the tick in a pill bottle to show to your doctor.

## TICK DISEASE INFORMATION

The East End's danger season for tick-related diseases is April-October, although ticks can bite at any time during the year. Learn to recognize the ticks on this card. Ticks can transmit Lyme Disease, Babesiosis, Ehrlichiosis, Rocky Mountain Spotted Fever, Anaplasmosis and other serious diseases. Check for ticks daily, especially on children and pets. Create a "tick-safe" yard by mowing frequently and keeping brush and leaves raked. Pull socks over pant legs, tuck in shirts when outdoors to prevent ticks from climbing under clothing. Insect repellent can be helpful in keeping ticks off the body. Shower as soon as possible after spending time outdoors in a tick danger area. For more info visit [www.eastendtickresource.org](http://www.eastendtickresource.org) or call **631-726-TICK**

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