

Lamaze 2020 Schedule
Information for Clients

Location: Stony Brook Southampton Hospital, 3rd Floor Teaching Center

Wednesdays – 6:15 pm to 9:15 pm

Cost: \$150.00, Check made out to Stony Brook Southampton Hospital or Cash.
Please bring first night of course.

Please bring **2 pillows** to the first night of class.

Schedule:

January 8 & 15

February 5 & 12

March 4 & 11

April 1 & 15

May 6 & 13

June 2 & 10

July 1 & 8

August 5 & 12

September 2 & 9

October 7 & 14

November 4 & 18

December 2 & 9