



# Maternity Education Classes



## Baby Care Basics

One 90-minute session, No fee

OB Conference Room

Monday, 7:00-8:30 pm

Jan 8	May 14	Sept 10
Feb 12	June 11	Oct 15
Mar 12	July 9	Nov 12
Apr N/A	Aug 13	Dec 10

## Breastfeeding

One 90-minute session, No fee

OB Lounge

Tuesday, 5:00-6:30 pm

Jan 2	May 7	Sept 4
Feb 6	June 5	Oct 2
Mar 6	July 10	Nov 6
Apr 3	Aug 7	Dec 4

## Beyond Delivery Orientation

One 2-hour session, No fee

OB Conference Room

Tuesday, 7:00-9:00 pm

Jan 15	July 16
March 19	Sept 17
May 21	Nov 19

## Lamaze Class

Two 3-hour sessions, Fee \$150, Bring 2 pillows

3rd Floor Teaching Center

Wednesday, 6:15-9:15 pm

Jan 3 & 10	July 11 & 18
Feb 7 & 14	Aug 1 & 8
Mar 7 & 14	Sept 5 & 12
Apr 11 & 18	Oct 3 & 10
May 2, 9 & 30	Nov 7 & 14
June 6	Dec 5 & 12

## Baby Safe CPR

One 2-hour session, Fee \$60/couple

3rd Floor Teaching Center

Monday, 7:00-9:00 pm

Jan 1	May 7	Sept 3
Feb 5	June 4	Oct 1
Mar 5	July 2	Nov 5
Apr 2	Aug 6	Dec 3

For class registration, please call:  
**(631) 726-8630**