Live your best life, now.

Is weight loss surgery right for you?

- Have you tried to lose weight and given up?
- Are you around 50 pounds overweight or do you have a medical condition related to obesity?
- Does your weight prevent you from enjoying certain activities?
- Has your doctor told you that you are at risk for arthritis, diabetes, or high blood pressure?
- Is your Body Mass Index (BMI) at least 35?

Benefits of bariatric weight loss surgery:

Weight loss surgery is the most effective, long-lasting treatment for morbid obesity and many related health problems.

- Type 2 diabetes, 83% resolved
- Hypertension, 61% eliminated
- High cholesterol, reduced in more than 70% of patients
- Sleep apnea, eliminated in 85% of patients
- Risk of cardiovascular disease, reduced 82%
- Asthma, 82% improved or resolved

Are you ready to live a better life?

Maybe now is the time to decide if weight loss surgery is right for you.

Call (631) 726-8293 or (631) 726-8305 today for a physician referral.

We’re here to help you get healthy and live well!
Studies show that for most people, diets are frustrating cycles that typically fail. Over 300,000 people die annually due to obesity (it’s actually the second leading cause of preventable death in America). Bariatric surgery has been proven to be the most effective and durable treatment for morbid obesity. Within 6 months after surgery, patients may lose as much as 50% of their excess weight and even more within 12 months of surgery. An additional 40 obesity-related diseases and conditions will be improved or resolved, including Type 2 diabetes, heart disease, certain cancers, sleep apnea, GERD, high blood pressure, high cholesterol, and joint problems.

Smaller incisions and rapid recovery at our bariatric surgery center of excellence

If you have given up on trying to lose weight and want to reclaim your life before your health further declines, bariatric weight loss surgery could be the best decision for you. Clinical studies demonstrate that bariatric surgery is one of the safest operations, performed by laparoscopic techniques that use small incisions leaving virtually no scars. There is significantly less pain, early discharge from the hospital, and a rapid recovery and return to work. Depending on your situation, you and your surgeon will discuss your surgical options.

These options include:

• **Sleeve Gastrectomy**
• **Gastric Bypass**
• **Adjustable Gastric Band**

Our experienced surgeons will help you determine which option is most appropriate for you.

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Comprehensive care from our experienced team

Our approach to weight loss is comprehensive, state-of-the-art, personalized, and supportive. Our experienced staff is with you all the way from intensive preoperative preparation, including psychological evaluation and nutritional counseling, to post-op monitoring and support. Regular follow-up visits with your surgeon are scheduled during the first year after weight loss surgery to monitor your overall physical and mental health, metabolism and nutritional status. Since you will need to follow specific eating guidelines, the Hospital’s Registered Dietitian will work with you to help plan delicious yet health-conscious meals.

Because so many insurance companies recognize obesity as a significant health risk, they reimburse for bariatric surgery. In addition, any of your out-of-pocket expenses are considered tax-deductible to the extent allowed by law. So check with your insurance provider for coverage details and any deductible before you commit to surgery.

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